

Jeremy Ross

Combining Western Herbs and Chinese Medicine

Basic 9 Day Herb Course

Effective Combination & Safe Administration of 40 Western Herbs

Module 1: 19.- 21. September 2008
Module 2: 14.- 16. November 2008
Module 3: 16.- 18. January 2009

- at Rønne's Hotel - Slettestrand

PRACTICAL INFORMATION

All seminars will take place in Rønnes Hotel, Slettestrand 9690 Fjerritslev, Danmark
Tel: (+45) 98 21 71 50
Fax: (+45) 98 21 74 95
www.roennes-hotel.dk

PAYMENT

Full payment before the 30th of April 2008:
Dkr. **8.880.-**
Full payment after the 30th of April 2008:
Dkr. 9.380.-
The price includes lunch buffets, 2 course dinners and beverages. Coffee, tea, cakes and fresh fruit will be served in the breaks.

Please pay to the following bank account number:
ebh bank, Østergade 11-13, DK-9690 Fjerritslev
Account number: 9080-0000515183
IBANNR: DK50290800000515183
BIC: SPNODK22

CONTACT

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www.tcm-lectures.com

2. SCANDINAVIAN TCM CONGRESS
3.- 6. SEPTEMBER 2009
IN DENMARK
WWW.TCM-KONGRES.DK

REGISTRATION

Yes! I would like to enroll in this course Combining Western Herbs & Chinese Medicine by Jeremy Ross, organized by TCM Lectures and held at Rønne's Hotel, Slettestrand

Name:
Address:
Postcode:
Land:
Phone:
E-mail:
City:
Fax:

CANCELLATION

I understand that by cancellation there will be charged an administration fee of 500.- Dkk. The organizers reserve the right to cancel the course in the event of unforeseen circumstances, in which case, fees will be refunded in full (sign name and date).....

Send the registration to:

TCM Lectures, Marian R. Nielsen Joos
Via Porta Cotschna 6, 7130 Illanz, Schweiz
Or send it directly by e-mail or fax: (+41) 81 925 40 70 · info@tcm-lectures.com



INTEGRATED APPROACH

This course combines 2000 years of Western herbal tradition with traditional Chinese medicine and modern pharmacology research. This unique integration provides a new level of understanding that can resolve many of the difficulties and controversies of the past. It can give a broader and deeper understanding of the individual herbs, enabling more sophisticated herb combinations that are both safer and more effective.

COURSE CONTENTS

Herbal energetics Over 40 Western herbs are discussed, giving detail of temperature, taste, meridians entered, actions, and uses. There is emphasis on practical details of dose and dispensing, and on considerations of safety.

How to create herb combinations This course is unique in presenting three very different ways of creating a new Western herb combination.

Treatment of disorders Each disorder is subdivided into Chinese syndromes, and Western herbal combination is given for each of these Chinese syndromes, with modifications, where appropriate. Practitioners can immediately use these combinations in clinical practice.

PRACTICAL TRAINING

Herb tasting Samples of about 20 Western herbs will be available for tasting in infusion, decoction, or tincture form.

Work with patients Practitioners on this course participate in the diagnosis and Western herbal prescription for 4 patients. Participants learn how to modify combinations, not only to match the patients' individual needs, but also to overcome temporary setbacks in recovery.

COURSE SCHEDULE

- Day 1 – Taste theory & tasting practical
- Day 2 – Principles of herb combination
- Day 3 – Three different methods of herb combination
- Day 4 – Digestive herbs & combos
- Day 5 – Circulatory herbs & combos
- Day 6 – Chronic fatigue herbs & combos
- Day 7 – Recurring fever herbs & combos
- Day 8 – Urinary disorders herbs & combos
- Day 9 – Reproductive disorders herbs & combos

Apply for the course and a more detailed description will be handed out or check our website!

This course contains a wealth of unique new material from Jeremy's book: "Combining Western Herbs and Chinese Medicine"

HERB GARDEN VITSKØL MONASTERY

We will visit Vitskøl Monastery herb garden in Ranum in the first weekend of the course with Jeremy Ross to see and experience the herbs live.

WHO CAN BENEFIT FROM THIS COURSE

Acupuncturist with no prior training in Western or Chinese herbal medicine.

Practitioners of Oriental herbology who wish to incorporate Western herbs into their practice.

Practitioners of naturopathy or Western herbal medicine with a basic training in Chinese theory.

JEREMY ROSS



Jeremy Ross has qualifications in botanical sciences, science teaching, acupuncture, Western phytotherapy, and Chinese herbal medicine. He took his first course in Western herbal medicine in California with

Michael Tierra, ending in 1974. Returning to England, he completed the course of the National Institute of Medical Herbalists, becoming a member in 1982. This training combined the physiomedical and empirical approaches to herbalism with an understanding of plant pharmacology, linking Jeremy's herbal studies to his original training in botanical sciences. In 1988, he graduated from 2-year course in Chinese herbal medicine given by Ted Kaptchuk and completed further herbal training at the International College of Nanjing, China.

Jeremy has organized and taught courses in acupuncture and herbal medicine for over 20 years, and has shared his long and varied experience as a clinician in his books and practical trainings. For 15 years, Jeremy has specialized in integrating Western herbs and Chinese medicine. He has developed a system of herb combination that brings together concepts from Western herbal tradition, Chinese medicine, and phytopharmacology. His book, *Combining Western Herbs and Chinese Medicine*,

brings together the different themes of Jeremy's training and experience throughout his working life.

For more information visit:
www.jeremyross.com

